# **Recommendations for Airway Management in a Patient with** Suspected Coronavirus (2019-nCoV) Infection

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### General

**Your** personal protection is **the** priority. Personal protective equipment (PPE) should be available for all providers to ensure droplet/contact isolation precautions can be achieved. Providers and organizations should review protocols for donning and doffing PPE. Careful attention is required to avoid self-contamination.

#### Patients with confirmed or suspected 2019-nCoV infected cases:

- Should **NOT** be brought to holding or PACU areas
- Should be managed in a designated OR, with signs posted on the doors to minimize staff exposure.
- Should be recovered in the OR or transferred to ICU into a negative pressure room. Ensure an adequate hydrophobic filter is placed between the ETT and reservoir bag during transfers to avoid contaminating the atmosphere.

#### **Plan ahead:**

- For time to allow all staff to apply PPE and barrier precautions
- Consider intubation early to avoid the risk of a crash intubation when PPE cannot be applied safely.

## **During Airway Manipulation**

Apply:



- Disposable mask, goggles, footwear, gown and gloves. Consider adopting the double glove technique.
- Standard ASA monitoring should be applied before induction of anesthesia.
- N95 mask at a minimum should be utilized. PAPR devices may offer superior protection when manipulating an airway of an infected patient.

#### Assign:

• Designate the most experienced anesthesia professionals available to perform intubation, if possible. Avoid trainee intubation for sick patients.

#### Avoid:

• Awake fiberoptic intubation, unless specifically indicated. Atomized local anesthetic can aerosolize the virus.



#### Prepare to:

- Preoxygenate for 5 minutes with 100% FiO2
- Perform a rapid sequence induction (RSI) to avoid manual ventilation of patient's lungs Ο and potential aerosolization of virus from airways.
- Consider using a video-laryngoscope.

### **RSI**:

• Depending on the clinical condition, the RSI may need to be modified. If manual ventilation is required, apply small tidal volumes.



#### Use:

• Ensure there is a high efficiency hydrophobic filter placed in between the facemask and breathing circuit or between facemask and reservoir bag.



#### **Dispose**:

- Re-sheath the laryngoscope immediately post intubation (double glove technique)
- Seal all used airway equipment in a double zip-locked plastic bag. It must then be



removed for decontamination and disinfection.

#### **Remember:**

#### After removing protective equipment, avoid touching your hair or face before washing hands.



Adapted from Kamming D, Gardam M, Chung F. I. Anaesthesia and SARS. Br J Anaesth 2003;90:715-18